

## **ASSET BUILDING COURSE CATALOG**

**August 2025**



**Workshops are free and open to the public!**

# Virtual Workshops



WORKSHOP	DATE	TIME	LOCATION	CONTACT
Get Help with Your Credit Problems	Wednesday 8/13	6:30 pm - 7:30 pm	Register via <a href="#">Zoom</a>	<a href="mailto:Ksaylorgordon@heartlandhumancareservices.org">Ksaylorgordon@heartlandhumancareservices.org</a>
Spend and Save for the Future You Want	Monday 8/18	6:00 pm - 7:00 pm	Register via <a href="#">Zoom</a>	<a href="mailto:blmartinez@heartlandhumancareservices.org">blmartinez@heartlandhumancareservices.org</a>
Banks, Credit Unions & More	Monday 8/25	6:30 pm - 7:30 pm	Register via <a href="#">Zoom</a>	<a href="mailto:Ksaylorgordon@heartlandhumancareservices.org">Ksaylorgordon@heartlandhumancareservices.org</a>
Leveraging Fintech Apps for Financial Wellness	Wednesday 8/27	6:00 pm - 7:00 pm	Register via <a href="#">Zoom</a>	<a href="mailto:blmartinez@heartlandhumancareservices.org">blmartinez@heartlandhumancareservices.org</a>



## AUGUST 14TH IS NATIONAL FINANCIAL AWARENESS DAY

This day serves as a reminder to pause and tune into your financial wellbeing. It encourages learning basic money skills like budgeting, saving, investing, and managing debt—with the goal of empowering smarter decisions and building long-term financial security. You can observe this day by checking your budget and reviewing your spending and income, starting or boosting your savings, reviewing your credit and attending financial literacy webinars and events. Here's to making August a month of financial awareness! Explore free Financial Literacy tools & Resources on the [IL Treasurer's Financial Wellness Hub](#)

## WORKSHOP DESCRIPTIONS

**Get Help with Your Credit Problems** Learn to improve your credit, deal with collections, repay your debt, and overcome identity theft.

**Spend and Save for the Future You Want**

Discover how your values impact your spending, saving, and goals.

**Banks, Credit Unions & More**

Avoid fees! Learn the pros and cons of using banks, credit unions, and money transfer apps, so you can decide what's right for you.

**Leveraging Fintech Apps for Financial Wellness**

Learn about how financial technology (Fintech) can benefit – or harm – your financial health, and gain the tools you need to determine if Fintech is right for you.



### Back to School Budget Tips

Summer may still be in full swing, but it's never too early to start planning for back-to-school expenses.

- Reuse supplies from last year whenever possible
- Start shopping early to avoid last-minute price hikes
- Buy gently used items like backpacks and clothing
- Watch for seasonal sales and discount days
- Attend back-to-school giveaway events such as [this one](#)

## GROUP GUIDELINES

The following guidelines are designed to help us stay focused on our journey towards better money management.

**PROMPTNESS** Please arrive on time. If you come in after we have begun, please come in quietly.

**RESPECT** Give your undivided attention to the speaker (no cross-talking or interruptions) Please silence your phones.

**CONFIDENTIALITY** Personal information that is shared in the group should remain in the group.

**PARTICIPATION** Share your thoughts and feelings, offer support, encouragement, and suggestions, if sought.

**CHILDREN** Although workshops are generally geared towards adults, children are welcome to attend as well.

## WORKSHOP ATTENDANCE POLICY

**Stay for at least 45 minutes after the webinar starts:** To ensure attendance and qualify for full credit, you must be present for a minimum of 45 minutes from the beginning of the webinar.