HEARTLAND HUMAN CARE SERVICES

Asset Building Course

October 2026



Workshops are free and open to the public!

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Virtual Workshops



WORKSHOP	DATE	TIME	LOCATION	CONTACT
Holiday Spending without Breaking the Bank	Tuesday 10/13	11:00 am–12:00 pm	Register via Zoom	blmartinez@heartlandhumancareservices.org
Make the Most of Your Employee Benefits	Wednesday 10/21	6:00 pm–7:00 pm	Register via Zoom	blmartinez@heartlandhumancareservices.org
Make Every Cent Count	Thursday 10/22	11:00 am - 12:00 pm	Register via Zoom	blmartinez@heartlandhumancareservices.org
Staying Safe Online: Protecting Yourself from Scams and Identity Theft	Monday 10/26	6:00 pm - 7:00 pm	Register via Zoom	blmartinez@heartlandhumancareservices.org



Cybersecurity Awareness Month
October 1-31

Protect yourself from online scams and fraud by learning safe cybersecurity practices.

- Enable multifactor authentication
- Use strong passwords
- Be cautious of suspicious emails and text messages
- Verify requests for personal information before responding.

Wherever there is technology there needs to be cybersecurity.

Learn more: Online Privacy and Security | Consumer Advice

Workshop Descriptions

Make the Most of Your Employee Benefits
Learn how to leverage employee benefits, understand the power of investing, and assess your readiness to start building and protecting your wealth.

Holiday Spending without Breaking the Bank
We'll discuss how to create a meaningful holiday without breaking the bank and help you create a holiday budget!

Make Every Cent Count
Find creative ways to cut costs, new ways to save, and meet your financial goals.

Staying Safe Online: Protecting Yourself from Scams and Identity Theft
Learn how to protect your personal information, spot scams, and stay safe online during the holiday season.

October is Financial planning

Take time to review your budget, savings goals, retirement plans, and overall financial well-being. October encourages individuals and families to build a stronger financial future.

5 Actions to Take During Financial Planning Month (October)

1. **Create or Review Your Budget**
2. **Review Your Subscriptions**
3. **Create a Debt Payoff Plan**
4. **Review Your Retirement Savings**



Group Guidelines

The following guidelines are designed to help us stay focused on our journey towards better money management.

Promptness Please arrive on time. If you come in after we have begun, please come in quietly.
Respect Give your undivided attention to the speaker (no cross-talking or interruptions) Please silence your phones.
Confidentiality Personal information that is shared in the group should remain in the group.
Participation Share your thoughts and feelings, offer support, encouragement, and suggestions, if sought.
Children Although workshops are generally geared towards adults, children are welcome to attend as well.

Workshop Attendance Policy

Stay for at least 45 minutes after the webinar starts: To ensure attendance and qualify for full credit, you must be present for a minimum of 45 minutes from the beginning of the webinar.