

ASSET BUILDING COURSE CATALOG

JANUARY 2026



Workshops are free and open to the public!

Virtual Workshops



WORKSHOP	DATE	TIME	LOCATION	CONTACT
Blueprint for Financial Bliss: Vision Boarding for Wealth	Wednesday 1/7	6:00 pm - 7:00 pm	Register via Zoom	blmartinez@heartlandhumancareservices.org
Healthy Eating on a Budget	Wednesday 1/14	6:00 pm - 7:00 pm	Register via Zoom	ksaylorgordon@heartlandhumancareservices.org
Make Every Cent Count	Tuesday 1/20	6:00 pm - 7:00 pm	Register via Zoom	blmartinez@heartlandhumancareservices.org
Making The Gig Work for You	Tuesday 1/27	6:00 pm - 7:00 pm	Register via Zoom	ksaylorgordon@heartlandhumancareservices.org



CUT ENERGY COSTS & BOOST CASH FLOW THIS WINTER

January 10, 2026 is National Cut Your Energy Costs Day, making it the perfect time to review your utility bills and explore ways to lower monthly expenses. Consider budget billing, energy-saving habits, and available assistance programs through Illinois utility providers like ComEd, People's Gas, Nicor, and Ameren Illinois. Small changes can add up—freeing more money for savings, debt reduction, and other financial goals in the new year. **Visit the following sites for additional cost-saving tips:** <https://keepwarm.illinois.gov/money-and-energy/no-cost-ways-to-save.html> and <https://www.energy.gov/save?>

WORKSHOP DESCRIPTIONS

Blueprint for Financial Bliss: Vision Boarding for Wealth

This empowering financial education webinar guides you through the transformative process of creating a vision board tailored to your financial goals. Explore diverse vision board methods, and leave inspired with the tools to manifest your financial dreams into reality.

Eating Healthy on A Budget

Discover tips, tech tools, and local resources to help you maintain a nutritious diet while staying within your budget.

Make Every Cent Count

Find creative ways to cut costs, new ways to save, and meet your financial goals.

Making the Gig Work for You

Learn how to track your earnings, understand your profit, pay only what you owe in taxes, and decide whether you're making the most of your hustle. Presented by HHCS and Ladder Up



GET READY FOR TAX SEASON

Tax season is right around the corner! January is a great time to review what's new for 2026, including federal tax updates and changes such as the OBBBA.

Visit the Internal Revenue Service website to stay informed—and remember, our partners at LADDER Up Chicago offer free, trusted tax filing assistance and tax education for eligible individuals and families. Getting informed early can help you file confidently and avoid costly mistakes.

IRS: <https://www.irs.gov/newsroom/tax-updates-and-news-from-the-irs>

Ladder Up: <https://www.ladderup.org/>

GROUP GUIDELINES

The following guidelines are designed to help us stay focused on our journey towards better money management.

PROMPTNESS Please arrive on time. If you come in after we have begun, please come in quietly.

RESPECT Give your undivided attention to the speaker (no cross-talking or interruptions) Please silence your phones.

CONFIDENTIALITY Personal information that is shared in the group should remain in the group.

PARTICIPATION Share your thoughts and feelings, offer support, encouragement, and suggestions, if sought.

CHILDREN Although workshops are generally geared towards adults, children are welcome to attend as well.

WORKSHOP ATTENDANCE POLICY

Stay for at least 45 minutes after the webinar starts: To ensure attendance and qualify for full credit, you must be present for a minimum of 45 minutes from the beginning of the webinar.