

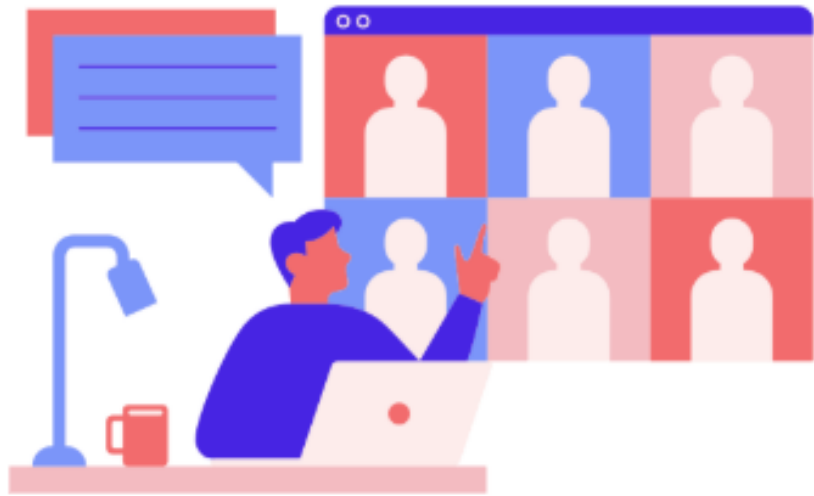
ASSET BUILDING COURSE CATALOG

OCTOBER 2025



Workshops are free and open to the public!

Virtual Workshops



WORKSHOP	DATE	TIME	LOCATION	CONTACT
Eating Healthy on A Budget	Wednesday 10/8	6:00 pm - 7:00 pm	Register via Zoom	Ksaylorgordon@heartlandhumancareservices.org
Make the Most of Your Employee Benefits	Tuesday 10/14	6:00 pm - 7:30 pm	Register via Zoom	blmartinez@heartlandhumancareservices.org
Holiday Spending without Breaking the Bank	Thursday 10/22	6:00 pm - 7:00 pm	Register via Zoom	blmartinez@heartlandhumancareservices.org
Get Help with Your Credit Problems	Wednesday 10/29	6:00 pm - 7:00 pm	Register via Zoom	Ksaylorgordon@heartlandhumancareservices.org



OCTOBER 15TH IS NATIONAL HEALTH SAVINGS ACCOUNT (HSA) DAY

Celebrate by learning how Health Savings Accounts (HSAs) can empower your financial and healthcare planning. HSAs offer triple-tax advantages—tax-free contributions, growth, and withdrawals for qualified medical expenses—making them a powerful tool for both immediate needs and long-term security, including retirement. This is a great opportunity to explore HSA benefits, access educational resources, and discover strategies for maximizing your account. You can start by checking out the IL Financial Wellness Hub's free HSA course here: <https://illinoistreasurer.enrich.org/courses/how-to-make-the-most-of-your-hsa>

Stay for at least 45 minutes after the webinar starts: To ensure attendance and qualify for full credit, you must be present for a minimum of 45 minutes from the beginning of the webinar.